# THE WESTERN SUN



### Supporting libraries serving our communities

January - February, 2021

### **SUNdries - Connections Corner - 2021**

2021 - The year of Connections

In 2021 we will explore Connections. The first issue of the Western Sun in 2021 focuses on self-care. Library staff relish helping others find information, discover new authors and learn new skills. It may be easy to put aside our own needs, when we are assisting others with their needs and wants. The quotes on self-care on the side bar range from historic observations to modern psychology and illustrate the importance of self-care. With Covid-19, there have been webinars, Mountain Plains Library Association and Nebraska Library Association chats on this topic. There is a bibliography of self-care and self help books on page 2. On the last page of this issue of the Western Sun you will find two self-care checklists. You may want to create your own.

- Pocket card developed and approved for distribution by Dr. Beth Hudnall Stamm with the Compassion Fatigue Awareness Project
- Self-care bingo card

In 2021 connect with your patrons, governing bodies, family and friends by first taking care of you - our valued library staff and supporters.

# Tails and Tales Summer Reading Workshops



March 2, 2021

Prairie Winds Community Center 428 N. Main Street Bridgeport (In-person or virtually from 10:00 to 2:00)

March 4, 2021

Lied Imperial Public Library 703 Broadway Imperial (In-person from 10:00 to 2:00)

Register by calling the WLS Office 308-632-1350 or 888-879-5303 or emailing wlsasst@gmail.com. Let us know if you are bringing a craft or tale to share. You will be reimbursed for materials up to \$20.00.

"You have to take care of yourself before you take care of others."

Dr. Phil

"If your compassion does not include yourself, it is incomplete." Jack Kornfield

Remember to take care of yourself. You can't pour from an empty cup." Buddha

"Caring for others is important, but
Covid-19 taught us that sometimes by caring for yourself, you're caring for others, too."

Becca Kaye



### Mark Your Calendar

Please Note: Due to the Covid-19 directives or at the discretion of the organizers, the following may be cancelled.

January 8: Deadline to Submit your proposal for the 2021 Big Talk from Small Libraries

January 15: Deadline for the Continuing Education and Training Grant application

February 15: Educational Service Unit 13 Midwinter Conference, Librarians Track, Scottsbluff/Gering

February 27: Big Talk from Small Libraries

March 3: <u>Deadline to submit</u> <u>proposal for MPLA Lightning</u> Talks.

April 29: MPLA Virtual Lightning Talks - Time TBD

# Commemorative Days, Weeks, Months

February: <u>100th Day of School</u>
Day varies by school district

February 1-7: <u>Children's Authors</u> and <u>Illustrators Week</u>

February 3: World Read Aloud Day

February 9: Safer Internet Day

February 15-21 Random Acts of Kindness Week

February 25: Digital Learning Day

March 2: Read Across America
Day

March 14: Pi Day

# "Reading is Self-Care"

### Stephen King

### **Children - Picture Books**

Gaines, Joanna and Swaney, Julianna. *The World Needs Who You Were Made to Be.* Thomas Nelson

Nhin, Mary and Yee, Rebecca. *Helpful Ninja: A Children's Book About Self Love and Self Care*. Grow Grit Press. (Book 5 or 38: Ninja Life Hacks)

### **Children**

Adamson, Ged. Bird Hugs. Two Lions.

Hegarty, Patricia and Macon, Summer. 123's of Thankfulness. Rodale Kids

Kang, Shimi K. *The Tech Solution: Creating Healthy Habits for Kids Growing Up in a Digital World.* Viking. Canada

Palacio, R.J. and de Montebello, Kivlighan. *We're All Wonders*. Findaway World, LLC.

Rylant, Cynthia and Sergio Ruzzier. *We Give Thanks*. Beach Lane Books (to be published in 2021)

### **Teens**

Biegel, Gina M. *Take in the Good: Skills for Staying Positive and Living Your Best Life.* Shambala

Bluth, Karen and Neff, Kristin. *The Self-Compassionate Teen: Mindfulness and Self-Compassion Skills to Help You Conquer Your Critical Inner Voice.* New Harbinger Publications.

Cristall, Jonathan. What They Don't Teach Teens: Life Safety Skills for Teens and the Adults Who Care for Them. Quill Driver Books

Foster, Meredith. Fostering Your Best Self. Buzz Pop. Little Bee Books.

Hugstad, Kristi and Tucker, Tami. Be You, Only Better: Real Life Self-care for Young Adults, New World Library. (March 16, 2021)

### **Adults**

Bayer, Mike. Best Self: Be You, Only Better. Dey Street Books.

Kataria, Madan. Laughter Yoga: Daily Practices for Health and Happiness. Penguin Books.

Kogan, Nataly. *Happier Now: How to Stop Chasing Perfection and Embrace Everyday Moments* (Even the Difficult Ones). Sounds

May, Katherine. Wintering: The Power of Rest and Retreat in Difficult Times. Riverhead Books

Narain, Nadia. Self-care for the Real World. Random House

### **CONGRATULATIONS AND CELEBRATIONS**

#### Wauneta Public Library and Patron are Winners of the Nebraska 1K Reading Challenge Drawing!

The Nebraska Library Commission, the Nebraska Regional Library Systems, and Reader Zone joined forces and offered the Nebraska 1K Reading Challenge for all ages. Every Nebraskan that read 1,000 minutes in August and recorded it in Reader Zone received an exclusive vinyl sticker and was entered into a drawing for a waterproof, 32 GB Kindle Paperwhite. A patron from Wauneta was one of Challenge winners. The Wauneta Public Library received a matching Kindle.

### Cradle Catchers Program Celebrates the 10,000th Recipient of the Read to Me Book Bag



Payton, Trylen and Theodore Weifl receiving the 10,000 Cradle Catchers gift at Regional West Birth and Infant Care Center. Photo Courtesy of the Star Herald

On November 5, the Regional West Birth and Infant Care Center "delivered" the 10,000 Cradle Catchers book bag to Theodore Weifl and his parents Payton and Trylen. The Cradle Catcher program launched in January, 2008 as a collaborative effort of educators in the Theta Chapter of Delta Kappa Gamms Society, Lied Scottsbluff Public Library, Regional West Medical Birth and Infant Care Center and the Western Library System (known as the Panhandle Library System in 2008).

The Cradle Catchers program promotes the belief that reading to a baby sets the stage for a lifetime of literacy and that children become readers when their parents read to them. The goals of the program include: encouraging parents to read to their babies; increasing awareness of the importance of taking children to the library at an early age and educating parents of the correlation between reading to a child and school success.

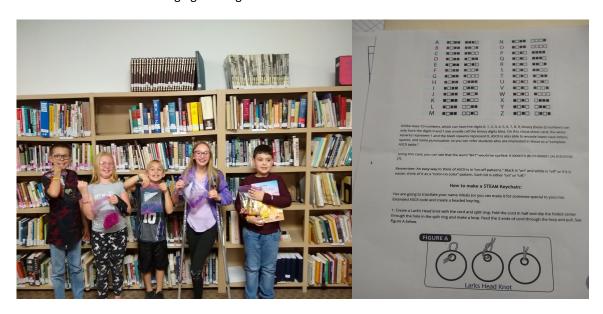
As part of the Cradle Catchers program, each baby born at Regional West Medical Center receives a yellow "Read to Me" book bag stocked with a rhyming board book, a brochure on the importance of reading, an alphabet/number bilingual bookmark, and an eye care chart. The bag also includes a card listing libraries in the Western Library System along with a coupon to take to their local library for a free "Read to Me" sippy cup. The librarians then have an opportunity to orient parents to their local library and the programs they offer for children and families.

If libraries need more "Read to Me" cups, please contact the Western Library Systems office.

# **Around the Sun**

### **Broadwater Public Library - Cheryl Hamilton**

At a November After School program, the students made Super Slime and Code Bracelets. The slime was from a kit by ZEN available on Amazon. The kit includes slime and items to mix in it. They also used code to make bracelets out of pony beads using their first and last initials. A picture of the alphabet code used in the project is below. There were seven students in attendance ranging from ages five to ten.



On December 19th, the library held the Santa Program on December 19, 2020. A Covid Recommendations Policy is posted at the library. The program included a story read by Santa, pre-plated snack, a photo opportunity with Santa along with a toy gift. After their times with Santa, students were encouraged to participate in making Christmas ornaments to take home. Eleven students and six family members participated.







### Kathleen Lute Public Library - Ogallala - Chelsea Foust

The library hosted a few fun-filled creative classes. The Turkey Build-a-bear class was an overwhelming success! The Turkey wreath class for adults had a good showing. The Dot Mug crafting class brought in 20 participants. The picture in the center is their Book Snowman created by a patron and staff.











Mitchell Public Library - Priscilla Plasencio and the Star Herald

The Star Herald featured an article on the Mitchell Public Library's Memorial Tree. Library Assistant Priscilla Plasencio started a tradition in their home to honor her dad, Junior Plasencio. The family places an ornament on their Christmas tree every year in his memory. Priscilla thought the community could use a memorial Christmas tree in the library. People were welcome to come to the library and make an ornament for a lost loved one and hang it on the tree to honor and remember them. The tree provided a meaningful avenue for the community to memorialize their loved ones.



Photo Courtesy of the Star Herald

Photo Courtesy of the Star Herald

#### **Morrill Public Library - Sarah Alfred**

Usually the afterschool program and the adult Friday morning groups decorate the tree. With Covid-19, the programs were cancelled. Instead, when kids and their parents came to the library, they were invited to make an ornament to add to the tree. The tree featured military, fire, police, EMT, and linemen ornaments. Sarah writes "We rely on these people and I think they should be recognized."









### **Oshkosh Public Library - Elaine Lake**

YES, CONTESTS ARE BRIBERY by Elaine Lake

As a way to get new people in the library, the Oshkosh Public Library started having monthly contests and puzzles about a year ago. Not only have the puzzles attracted new people but I think they have brightened the outlook of some of our regulars who have struggled during COVID. We try to make the library look fun and colorful and we do that by buying colorful things with a theme to use in our contests, at our local thrift store. For \$5 this month, we bought beautiful stuffed bears to put around the library. One of the bears reads THE NIGHT BEFORE CHRISTMAS! In October, we spent \$5 on 54 pumpkins in every shape, size, and color! I can't believe how much our small, paneled library is improved just by adding some goofy and colorful items. I know they have brightened my outlook!

Who participates in our contests? Children, teens, adults and seniors! We have several patrons who experience physical and/or mental challenges and use our library to read the local newspaper, check out magazines, or just to visit. Most of these patrons are non-readers but they love the library, so they always look forward to participating in any type of contest. We buy small gift certificates to local businesses with our petty cash and with donations from our Friends of the Library group.

Some of the contests we have had include, Count the Pumpkins (October), Find the Skinniest Rabbit (Easter), Answer our Question of the Day (Who is the mayor of Oshkosh? etc), and in December, the contest was a "library search" list of fun but overlooked items in the library including the fire extinguisher and furniture with "In Memory of" tags. The December "library search list" was a challenge for people but they really enjoyed it. When they finish any puzzle, they write their names on tickets that are put in a weekly or monthly drawing.

We also try to have a puzzle on the bulletin board in the kids' area. We have about a dozen home schooled kids as well as after-school kids who enjoy the "looking" or "thinking" puzzles we put on the board.

Getting people to come in by offering contests and fun activities does feel like bribery but has the added effect of showing people the many things libraries have to offer. Isn't it fun when a new patron comes in and says, "I heard that you guys have a new copy machine we can use," or "I want to look at your old Plat Map that my cousin saw in here"?





#### **Leyton Public Schools - Faith Jones**

Faith Jones from the Leyton Public Schools reports:

This has been a challenging year. Fortunately, due to our smaller class sizes, masking, and social distancing, Leyton Elementary/Jr. High School in Gurley has been able to continue having regular library classes. Our K-2 classes made Reindeer Food bags (kindergarten pictured). Supplies needed per project: brown paper lunch bag, two brown pipe cleaners, two google eyes, one red pom-pom, glue sticks & a paper hole punch. This cute project can be paired with any number of Christmas books and can be modified by adding dog ears for the story "Olive the Other Reindeer" by Vivian Walsh.

The bags contained zip-lock bags of "Reindeer Food" with the poem below (author unknown). One kindergartener called these "Reindeer happy meals." Reindeer food is simple to make. I began with ½ cup of uncooked oats, then added ¼ c. bird seed, and coarse red & green colored sugar. You can also add decorative sprinkles, dried fruit and/or a variety of other wildlife-safe options.



### Scottsbluff High School Library - Tammy Harrison - Star Herald

In the December 29, 2020, Star Herald one of the featured articles was on Tammy Harrison the Scottsbluff High School Media Specialist. The piece, written by Justin Garcia, was titled "Scottsbluff High School Media Specialist Sees Her Job Change During Pandemic." Ms. Harrison has worked in the Scottsbluff Public Schools system since 1998 and in the High School since 2018. The article highlights her work with assisting students, teachers and families with integrating education with technology.

Notable quotes from Ms. Harrison.....

"My job drastically changed" with the switch to online education in March 2020. "We had to be creative." "I think as educators, we're going to have to think outside of that box with our blended learning environment." "How do we manage this so that we can perfect it."



Tammy Harrison
Photo Courtesy of the Star Herald

### **Association News**

# Nebraska Library Association (NLA) announces the Small and Rural Library Interest Group (a.k.a. Tiny and Mighty T&M)

At the December 4, 2020 NLA Board Meeting, the board members approved establishing a new interest group to address issues of importance to the small and rural libraries in Nebraska. The meetings of T&M will be held the third Tuesdays of each month at 9:00 Mountain Time.

These meetings are open to any one who is interested. You do not need to be a member of NLA to participate with non-voting status.

Join the Tiny and Mighty Interest Group at their inaugural meeting.

January 19, 2021

9:00 am Mountain Time

To join the meeting, please email Rebecca McCorkindale at rebecca@hafuboti.com. You will be added to the T&M mailing list and Rebecca will email the Zoom link a few days before the meeting. If you have any questions, contact Rebecca.

In 2021, consider joining an association. If you need assistance with the dues, see page 10 for information on how the Western Library System can support you. Here are examples of associations that may be of interest.

<u>American Library Association</u> The ALA has relevant divisions including the <u>Public Library Association</u>
<u>Association of Rural and Small Libraries</u>

Mountain Plains Library Association

Nebraska Library Association

Nebraska School Library Association



### Western Library System Board

Mackenzie Watson, who represented District B, resigned from the Board to relocate to West Virginia. She will be missed as a Board Member and at the Lied Scottsbluff Public Library where she worked as the Teen Librarian. A replacement will be determined at the January 12th Board Meeting.

### Featured Resource from the Nebraska Library Commission



Nebraska Memories, a cooperative project to digitize Nebraska-related historical and cultural heritage materials and make them freely available to researchers of all ages via the Internet, is brought to you by the Nebraska Library Commission. Nebraska Memories uses CONTENTdm software to house digital collections created by Nebraska libraries, either alone or in partnership with other Nebraska cultural heritage institutions such as museums and historical societies. The Nebraska Memories project, started in 2004, is funded in part by the Institute of Museum and Library Services as well as state funding through the Nebraska Library Commission.

The database currently contains approximately 5,500+ digitized items and continues to grow each month. Thirty-four Nebraska institutions are currently participating in the project. The content helps to document the rich history of Nebraska and its residents. At this time searchers can find material from the 1890s to the 1970s in Nebraska Memories. Copyright

The Nebraska Memories website is owned by the Nebraska Library Commission. Materials digitized for inclusion in the database are from our participants' collections. Permission is required for reproduction, redistribution, publication or other use of the images. Users of the database can view copyright information for individual participants by clicking on the URL shown in each item's Ordering and Use field or by going to the <u>All Collections</u> page and clicking on a participant's name. Scanning

Participants digitize their materials in a variety of ways. Participants follow the Western States Digital Imaging Best Practices version 2.0 when digitizing materials. The majority of digitized images are sized to 600 pixels on the longest side unless they are larger format items such as large-scale maps or posters. Books and sheet music are currently the only items stored in .PDF in the Nebraska Memories database.

The digital collection of items in the Nebraska Memories database contains photographs, documents, artifacts, papers, manuscripts, maps. and audio files. Genealogical resources are not included.

Each week, Throwback Thursdays features an item from Nebraska Memories on the NLC website.





Is this the year for you to.....

Join a library association? (ALA, NLA, NLSA, MPLA, PLA)

Attend a workshop?

Attend a conference (in-person or virtually)?

Sign up for a library related class?

Is budget money tight and monetary assistance is needed to pay for membership, or tuition or mileage?

The Western Library System is here to assist. All you need to do is apply for a scholarship which will be reviewed by the WLS Board's Scholarship Committee for approval. Click on this <u>link</u> for the details and the online application.

### **Western Library System Scholarship Application**

- Up to \$300.00 per event for registration, mileage, meals, etc.
- All member libraries are eligible.

Name:

• One scholarship per person every two years.

Library/School Agency:		
Phone and Email:		
Event Date:		
Requested Amount:		
	t will contribute to your professional growth. Be a clude the date(s), location and description.	s specific as

Send all requests to: Western Library System Fax: 308-632-3978

615 S. Beltline Hwy West

Scottsbluff, NE 69361 Email: wlsasst@gmail.com

# **Semper Disco - Always Learning**

# **Upcoming NCompass Live**

Upcoming NCompass Live events: Sessions count for CE credits.

*NCompass Live* is broadcast live, every Wednesday, from 9am - 10am, Mountain Time. For more information, to register for NCompass Live, or to listen to recordings of past events, go to: <a href="http://nlc.nebraska.gov/NCompassLive/">http://nlc.nebraska.gov/NCompassLive/</a>

Title	Date
NCompass Live: Best New Children's Books of 2020: Discovering New Books for the Young and Young at Heart	
NCompass Live: Tiny Spaces Bring Big Opportunity	January 13
NCompass Live: 2021 One Book One Nebraska: Prairie Forge	January 20
NCompass Live: Pretty Sweet Tech	January 27
NCompass Live: Pretty Sweet Tech	February 24

### **Basic Skills for Nebraska Librarians 2021**

Class Dates	Class	Instructor	Registration Dates
1/1 - 1/30	Communication*	Self-paced	12/3 - 12/29/20
2/8 - 2/19	Customer Service*	Christa Porter	1/4 - 1/29
3/8 - 3/19	Library Governance	Denise Harders	2/1 - 3/1
3/22 - 4/2	Library Technology	Holli Duggan	2/15 - 3/12
4/1 - 4/30	Introduction to Cataloging (Organization of Materials)*	Self-paced	2/22 - 3/19
4/19 - 4/30	Library Finance	Holli Duggan	3/15 - 4/9
5/10 - 5/21	Intellectual Freedom / Core Values*	Holli Duggan	4/5 - 5/3
6/7 - 6/18	Readers' Advisory	Sharon Osenga	5/3 - 6/1
7/5 - 7/16	Reference	Christa Porter	5/31 - 6/25
7/26 - 8/6	Library Policy	Sharon Osenga	6/21 - 7/16
8/16 - 8/27	Collection Management*	Denise Harders	7/12 - 8/6
8/30 - 9/10	Programming & Outreach	Christa Porter	7/26 - 8/20
9/20 - 10/1	Community & Library*	Sam Shaw	8/16 - 9/10
10/18 - 10/29	Management/Supervision	Holli Duggan	9/13 - 10/8
11/1 - 11/12	Leadership	Holli Duggan	9/27 - 10/22
11/29 - 12/10	Library Services to Children & Teens	Sally Snyder	10/25 - 11/19

### **Yoga as an Act of Self-Care for Librarians**

Yoga is both a movement-based and breath-based practice. While many people in America practice it, it has historically served those who are wealthy, white, and non-disabled and been sold as part of the "wellness" movement and "self-care" movements. This session will start with a brief chair yoga session, then follow with a very brief history of yoga and yoga programs at libraries and how it is currently being researched as an intervention in the biomedical and psychological fields. We will discuss how yoga is being practiced and made more accessible during the COVID-19 pandemic. The discussion will include the origins of the term "self-care". We will center the discussion around self-care for librarians based on findings from a survey conducted in fall 2020. We will also include how you can personally participate in free yoga classes, how to incorporate and make accessible a yoga program at your library, and the beginnings of a yoga outreach program at Texas Tech University Library.

#### Speaker

Erin Burns received her MLIS from Kent State University in 2007. They worked as a librarian for twelve years at Penn State before starting at Texas Tech in July of 2020 as a STEM librarian serving the Whitacre College of Engineering as their personal librarian. She has many different research interests, including mental health and academic ableism, digital humanities, and critical librarianship. She is a Registered Yoga Teacher (RYT 200), and you can find her walking or hiking when she is not knitting, creating yarn art, or standing in tree pose.

#### Note

Due to high demand, we will accept up to 750 registrations for this event, but only the first 500 viewers will be able to attend live. The webinar room will open about 15 minutes before the start of the event, and we recommend you arrive early. Everyone who registers, including the "waitlist," will receive an email with a link to the recording and any resources within two weeks following the webinar.

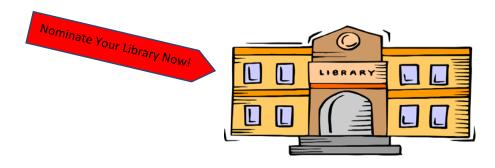
January 7, 2021 1:00PM - 2:00PM CT

Contact Information <u>Bobbi Newman</u>, MLIS, MA, Community Engagement and Outreach Specialist National Network of Libraries of Medicine (NNLM) Continuing Education: 1 credit For enrollment information, click <u>here</u>.



Photo Courtesy of Annie Spratt. <u>Unsplash</u>

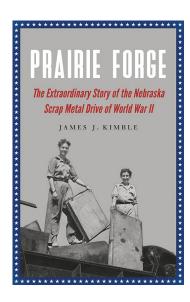
## Western Library System Outstanding Library Award



Help your library win \$100.00! The Western Library System is pleased to announce the introduction of the new biannual Outstanding Library Award! This award is designed to recognize libraries based on patron nominations. The winner will receive \$100 from the WLS to use as they see fit in their library. Complete this form and return it to your library or mail it to: Western Library System, 615 S. Beltline Hwy West, Scottsbluff, NE 69361. Nominations must be received by May 31, 2021 to be eligible.

Name of Library:	
Name of Patron/Student Making Nomination:	
Date of Nomination:	
Brief Description of How Your Library Helps You or Services You Find Particularly Useful:	

### 2021 One Book One Nebraska



#### About the book:

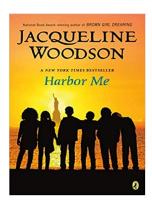
In the wake of Pearl Harbor, President Roosevelt called for the largest arms buildup in our nation's history. A shortage of steel, however, quickly slowed the program's momentum, and arms production fell dangerously behind schedule. The country needed scrap metal. Henry Doorly, publisher of the *Omaha World-Herald*, had the solution. *Prairie Forge: The Extraordinary Story of the Nebraska Metal Drive of World War II* tells the story of the great Nebraska scrap drive of 1942 - a campaign that swept the nation and yielded five million tons of scrap metal, literally salvaging the war effort itself. James J. Kimble chronicles Doorly's conception of a fierce competition pitting count against county, business against business and in schools across the state, class against class - inspiring Nebraskans to gather 67,000 tons of scrap metal in only three weeks. This astounding feat provided the template for a national drive. A tale of plowshares turned into arms, *Prairie Forge* gives the first full account of how home became home front for so many civilians.

Libraries across Nebraska will join other literary and cultural organizations in planning book discussions, activities, and events that will encourage Nebraskans to read and discuss this book. Support materials to assist with local reading/discussion activities will be available <a href="http://onebook.nebraska.gov">http://onebook.nebraska.gov</a>. Updates and activity listings are posted on the One Book One Nebraska Facebook page at <a href="http://www.facebook.com/onebookonenebraska">http://www.facebook.com/onebookonenebraska</a>.

The Lied Scottsbluff Public Library quickly created a display to promote the 2021 selection.



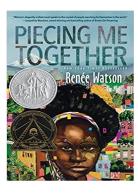
### 2021 One Book For Nebraska Kids



### Harbor Me by Jacqueline Woodson

Six kids are invited to spend the last hours of school on Friday in the ARTT Room (A Room To Talk). Their only assignment is to talk to each other about anything. It starts slowly but before long they are sharing their private concerns and hopes with each other. And all agree to keep to themselves whatever is said on Friday afternoon. Haley's father is in prison, and she has never told anyone until now. Esteban is worried both about his father being deported, and about what that might mean for the rest of his family. Each of them has something they don't want other people to know, but by sharing with their group, they learn more about themselves and their worries, hopes and dreams.

### 2021 One Book For Nebraska Teens



#### *Piecing Me Together* by Renee Watson

Jade (16) loves collage art and photography. She is a scholarship student at a mostly white prestigious private school and lives in what others consider a questionable area of Portland, Ore. She is invited to join the Woman to Woman program and if she stays with it for her last two years of high school she is guaranteed a college scholarship. During her junior year Jade makes friends with Sam (Samantha) who rides the same city bus to school. It isn't long before things begin to chafe her, how her white friend makes excuses for prejudiced behavior and how she feels sometimes like the school, and even her mentor, Maxine (who is black), thinks she needs saving. She finally works on speaking up for herself. When she hears about a black girl at a pool party who was beaten by police, she has trouble dealing with it, but finally finds a positive way to respond (with others) and make a difference.

#### The One Book for Nebraska Kids and Teens 2021 page provides discussion guides and activities.

To borrow the book bags from the Commission, contact the Commission Reference Services, 402-471-4016, 800-307-2665 or use this form. Another source for book club kits is the <u>wiki</u> which lists libraries that share their kits.

# Western Library System Resources

ullet
Available to Check Out
Binding Machine
Blocks Rock
BookKits (check WLS website for list
Breakout Kits - One Platform - Escape Room
Cricut and Heat Press
Dragon Puppets - 1 red and 1 green (see picture below)
EVO Ozobot
Frog Guiro
Gizmos and Gadgets
LEGO Boost and Book
Makey Makey Classics
Makey Makey STEM Kits (12 projects)
Speaker System with microphone
Star Punch (3 1/4 inches across)
Star Wars Droid and R2-D2

In Office Use	
Book Repair System (Self-serve)	
Disc Repair System (WLS staff will do this for you)	
Embroidery Machine	
Laminator (Cool)	



### **Board of Directors**

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Beth Falla
Jill Hurtt, Secretary
Jennifer Holthus
Judy Starke
Leta Liesch
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The Western Library System has a binding repair machine that fixes a variety of types and sizes of books. Take advantage of this useful service to save your valuable books and avoid the cost of replacements. Only .50¢ per book.

Go to <a href="http://www.coverone.net/">http://www.coverone.net/</a>

Bring your books into the WLS office to make your own repairs! Call the WLS office for an appointment.

308-632-1350, Toll-Free 888

### The ECO AUTOSMART

DISC REPAIR SYSTEM is a full service machine, not just a buffer. It cleans and repairs your valuable discs. As long at the discs are not cracked we can fix them!

From July 1, 2020 thru June 30, 2021, each WLS member library has 10 free disc cleanings. If you have any questions, please call or email the WLS office.

### Western Library System

Cindy Osborne, Director cindy.osborne@nebraska.gov Cell Phone: 308-637-2060

Jeri Clapper, Administrative Assistant wlsasst@gmail.com

615 South Beltline Highway West Scottsbluff, NE 69361 Phone: 308-632-1350 Toll Free: 888-879-5303

Fax: 308-632-3978

Caring for Ourselves

Ten things to do each day so we can work with care, energy and compassion.

- Get enough sleep
- Get enough to eat
- Vary the work that you do
- Do some light exercise
- Do something pleasurable
- Focus on what you did well
- Learn from your mistakes
- Share a joke
- Pray, meditate or relax
- Support a colleague

Courtesy: Dr. Beth Hudnall Stamm with the Compassion Fatigue Awareness Project

